

Loafing Laws

The difference between ordinary and extraordinary is that little extra you get from your effort.

- Loafing is a term used to describe a general sense of laziness in a player.
- Loafing tests → A player that
 - Does not sprint from whistle to whistle or gives up on a play.
 - Gets up from the ground using anything besides his hands and feet only
 - Is late to study hall
 - Is in the incorrect stance, alignment, pad level or technique due to fatigue or lack of concentration
 - Is out ran by another player of the same position
 - Is not actively engaged in the game while on the field.
 - Has his hands on his hips or is down on one knee.
 - Grunts during the abdominal workout.
 - Does not run off the field.
 - Takes off his helmet on the field
 - Does not have his proper equipment on (mouth piece)
 - Sits on his helmet.
 - Is on the sideline and is not ready to come into the practice.
 - Etc.
- At the end of each practice the team will have to repay any and all loafing violations.