

Academics

Overnight Success takes Three Years to Acquire

- Minimum grade point average 2.0.
- Attend academic study hall.
- Poor academics is reason enough to be asked to leave the team.

Attendance

“The Good Lord gave you a body that can withstand almost anything. It’s your mind you have to convince.”

- Come to school as well as practice daily.
- If a player has to miss or arrive late to a practice, he must
 - Contact his position coach, unit coach or Coach Oses before practice starts.
 - After that, he must email Coach Oses stating
 - His name
 - The date of absence / tardiness
 - Reason for missing practice time
- Players who miss practice time
 - Increase their risk of injury
 - May miss playing time
 - May be asked to leave the team